





THERAPEUTIC SKIN TREATMENTS

Honeybush Skin Treatment R300 45min

Hydrating, moisturising & nourishing

A basic skin treatment intended to revive a dull and dehydrated skin. It contains a natural blend of nourishing plant extracts, oils, and enzymes that work together to restore and rejuvenate the skin. This treatment is suitable for all skin conditions, including young skin.

Lipid Rich Skin Treatment R350 60min

<u>Ultra-hydrating and moisturising Restores the natural skin barrier</u>

An ultra-hydrating treatment compounded with nourishing plant lipids, essential nutrients, and antioxidants. This treatment includes a gentle finger-tip massage to allow the rich botanical ingredients to penetrate and to restore the skin's hydrolipid barrier and dermal hydration. This deeply nourishing treatment is recommended for all skin conditions excluding severe problematic skin conditions.

ANTIOXIDANT SKIN TREATMENT

Vitamin C Skin Treatment R440 60min

Anti-oxidant Rich, Firming & Tightening, Rejuventaion, De-aging, Brightening

A comprehensive, effective antioxidant-rich treatment and visibly improves skin health. Based on natural, organically derived vitamin C, this phyto-rich treatment works to increase collagen and elastin regeneration, resulting in visibly firmer and tighter skin. Pores are refined, and the overall appearance of the skin is brightened and rejuvenated. Recommended for all skin conditions.

EXTRACTIONS | DEEP CLEANSE | DETOX SKIN TREATMENTS

Dermal Extraction Skin Treatment R400 45min

Retexturizes rough skin, Cell-detoxification and sebum regulation. Targets bacteria in pores.

This treatment is focused on deep cleaning of the skin and removing impurities from the pores and dead surface build-up. The process typically involves a combination of deep cleansing, exfoliation, and the use of specialized tools to extract open and closed comedones. It is particularly beneficial for those with acne prone and oily skin conditions and will leave the skin clarified and clear.

Dermal Detoxifying & Purifying Skin Treatment R440 60min

<u>Anti-inflammatory</u>, evens out skin tone, increase cell turnover, soothes and moisturises that leaves skin with a healthy glow

A functional skincare treatment designed to reduce toxin buildup in a congested skin. The treatment involves a deep cleansing, exfoliation, and the use of the Activated Charcoal Mask that contain ingredients such as Salicylic acid, Lactic acid, and Pumpkin enzymes to restore a healthy glow and improve the overall appearance and texture of the skin. The treatment also helps to unclog pores, reduce inflammation, improve skin tone, and promote cell regeneration for a clearer, more youthful complexion. Recommended for all skin conditions excluding sensitive and sensitised.

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074 851 2274

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Wit Kareeboom Street, Brackenfell

March 2024 - September 2024 - Prices are subject to change without notice.







REVITALISING SKIN TREATMENT

Vita-Gel Skin Treatment R440 60min

Revitalising, De-ageing, Smoother skin texture, More even skin tone

Vita-Gel Skin Treatment is formulated with Alpha-hydroxy acids (AHA) and Beta-hydroxy acid (BHA) along with peptides and hyaluronic acid. This is a gel mask treatment that will leave the skin revitalized by improving natural cell rejuvenation as well as stimulating collagen and elastin production. The treatment is recommended for all skin conditions and is an ideal way to introduce AHA's to the skin. This treatment will leave the skin smooth, moisturised, and revitalised.

REJUVENATING SKIN TREATMENT

Phytic Clay Skin Treatment R480 60min

<u>De-ageing, Improved hyperpigmentation, Improved problematic skin</u>

Phytic Clay Mask Skin Treatment is an effective skin treatment that is compounded with AHA's and BHA including Mandelic acid and Phytic acid. This treatment clay was formulated to stimulate collagen production, improve skin rejuvenation, tighten, and firm the skin. The highly effective Mandelic acid provides excellent treatment results for dermal de-ageing, hyperpigmentation, and problematic skin. Recommended for all skin conditions excluding sensitive or sensitised skin conditions

CHEMIFOLATION SKIN TREATMENT

Phyto Enzyme Compound Skin Treatment R500 60min

<u>De-ageing, rejuvenation, deep exfoliation, detexturisation of rough skin</u>

Phyto Enzyme Compound Skin Treatment (PEC) is formulated with a combination of highly effective Enzymes and Alpha Hydroxy Acids. The treatment offers deep exfoliation including de-ageing benefits as well as stimulating new cell turnover. The enzymes desquamate dead skin cell leaving the skin bright and rejuvenated. Recommended for all skin conditions excluding sensitive and sensitised skin conditions.

TREATMENT ENHANCERS [ADD-ON TREATMENTS]

Dermaplaning R100

Hyaluron Alginate Mask R180





THERAPEUTIC SKIN TREATMENT

Calmtouch Treatment R550 60min

The CalmTouch Treatment is a therapeutic treatment approach that effectively addresses various skin conditions, including rosacea, eczema, sensitivity, and sensitization. It specifically targets these conditions by utilising a superior combination of ingredients known for their anti-inflammatory and anti-irritant properties, such as tranexamic acid, piperonyl glucose, Devils Claw, and hyaluronic acid. This treatment works to strengthen the skin's natural moisture barrier, improve hydration levels, and effectively reduce inflammation and redness.

CHEMIPEEL SKIN TREATMENTS

AHA+ ChemiPeel Treatment R690 60min

AHA+ ChemiPeel Complex with concentrated BHA and AHA's is an advance dermal rejuvenation treatment formulated to give the skin a renewed and refined appearance through stimulating cell mitosis. The treatment accelerates exfoliation and promotes the resurfacing of new, healthy skin cells. As a result, the skin will appear more radiant, with a smoother, more even tone and texture. Recommended for all skin conditions following the correct treatment strategy excluding sensitive and sensitised skin conditions.

D-AGE 5 ChemiPeel Treatment R690 60min

D-AGE 5 ChemiPeel Complex is formulated with Mandelic acid including BHA and AHA's. This treatment effectively de-ages the skin by reducing fine lines and wrinkles, targets hyperpigmentation and assists with problematic skin conditions. This treatment will refine the appearance of enlarged pores and fine lines leaving the skin smoother, detexturised and radiant. Recommended for all skin conditions following the correct treatment strategy excluding sensitive and sensitised skin conditions.

TCA 8% & 12% ChemiPeel Treatment R690 60min

Trichloroacetic acid also known as TCA, is a medium strength chemical coagulant which revitalises the skin by lifting dead surface cells and stimulates cell mitosis. TCA Treatments will effectively refine the appearance of fine lines and wrinkles, enlarged pores, improve acne scars and even out skin discoloration. The skin will appear visibly smoother, detexturised and radiant. Recommended for all skin conditions following the correct treatment strategy excluding sensitive and sensitised skin conditions.

DRM Resurface Peel R690 60min

The DRM Resurface Peel is a self-neutralising formulation that harnesses the power of Azelaic, Salicylic and Mandelic acid. Three potent, yet gentle exfoliating agents, to transform the skin to a luminous, rejuvenated complexion.

TREATMENT ENHANCERS [ADD-ON TREATMENTS]

Dermaplaning R100

Hyaluron Alginate Mask R180

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COLLAGEN INDUCTION THEATMENTS

Nanotouch Skin Treatment Face R700 Face & Neck R850 Face, Neck & Decollete R1000 NanoTouch Treatment, Nano needling is a non-invasive skin treatment delivery system. The synergistic action of CIT and the hyaluronic sheet mask promotes enhanced collagen and elastin production, reduce fine lines and wrinkles, retexturise the skin, improve product infusion. leading to a visibly radiant and revitalized complexion.

Basic Collagen Induction Treatment Face R1000 Face & Neck R1150 Face, Neck & Decollete R1300 The collagen induction treatments also known as percutaneous collagen induction is a minimally invasive skin rejuvenation treatment with quick recovery time and is designed to stimulate the skin's natural collagen and elastin production. The benefits include reducing the appearance of fine lines, wrinkles, scars, hyperpigmentation. It also improves the overall texture and tone of the skin. Recommended for all skin conditions following the correct treatment strategy.

Advanced Collagen Induction Treatment Face R1300 Face & Neck R1450 Face, Neck & Decollete R1600 The advanced CIT is performed in the combination with Alpha Hydroxy Acids or Trichloroacetic acid. This specialised application accelerate superficial penetration of the various acids and is recommended for: mature skin conditions, advance premature aged skin, visible solar damage and thickened stratum corium. Although this is a minimal invasive treatment, the combination with the selected acids offers additional treatment results.

CIT and RF Treatment Face R1300 Face & Neck R1450 Face, Neck & Decollete R1600 This advanced skincare treatment is performed combining CIT/Microneedling with multipolar RF/Radiofrequency.

The Benefits:

- Improves skin tone, texture and firmness.
- Minimizes the appearance of sun damage.
- Provides a more youthful appearance.
- Reduces the effects of aging skin like wrinkles, fine lines and saggy skin.

TREATMENT ENHANCERS [ADD-ON TREATMENTS]

Dermaplaning R100

Hyaluron Alginate Mask R180



RADIO FREQUENCY / NON SURGICAL FACE LIFT

Skin Treatment R700

The Benefits:

- Improves skin tone, texture and firmness.
- · Minimizes the appearance of sun damage.
- Provides a more youthful appearance.
- Reduces the effects of aging skin like wrinkles, fine lines and saggy skin.





Facial Slimming Handle: RF & Vacuum

- -Radio Frequency skin tightening is an aesthetic technique that uses RF energy to heat the skin with the purpose of stimulating cutaneous collagen, elastin and hyaluronic acid productions, this reduces fine lines and wrinkles AND tightens & lifts loose skin.
- -Vacuum suction is aimed at improving blood flow and lymph circulation.

Facial Anti-Ageing Handle: EMS & EL

- -Electric Muscle Stimulation allows for firming, lifting, and regeneration of skin to increase elasticity.
- -Electroporation allows products to be more effectively penetrated into the skin.







WAX

Brow Wax R85 Gents Brow Wax R95 Lip Wax R85 Chin Wax R85 Nose Wax R85 Gents Nose Wax R95 Full Face Wax R270 Underarm Wax R115 Gents Underarm Wax R140 Half Arm Wax R170 Full Arm Wax R195 Gents Full Arm Wax R220 Half Leg Wax R225 Gents Half Leg Wax R250 3/4 Leg Wax R250 Full Leg Wax R275 Gents Full Leg Wax R300 Gents Back Wax R300 Gents Chest & Stomach Wax R300

TINT

Brow Tint R85 Lash Tint R95

LASH LIFT

Lash Lift R315

Lash Lift & Tint R370

Lift, curl, straighten and restore your eyelashes with our keratin infused treatment.

•Painless •Immediate results •Low maintenance •For any lash length •Result lasts 4-8 weeks.

BROW LAMINATION

Brow Lamination R265

Brow Lamination & Tint R315

Brow Lamination & Tint & Wax R370

Straightens, lifts and restores your natural eyebrows at the root for a bigger and bushier brow effect. •Painless •Immediate results •Low maintenance •For any lash length •Result lasts 4 weeks.

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MASSAGE JOURNEYS

African Deep Scalp Massage 20min R200

This is a deeply relaxing scalp treatment with gentle pressure points. The botanical oils will soothe and nourish the scalp and hair. Reducing stress and increasing mental clarity, this treatment relaxes and rejuvenates the body, mind, and soul.

Khoi-Khoi Escape Back, Neck & Shoulder Massage 30min R330 45min R380 Escape the tension with the Khoi-Khoi Back and Neck Massage. This traditional-inspired massage with deeply relaxing movements will soothe muscle tension, knots and stress relating to back and shoulder tightness. This massage includes firm but soothing therapeutic touch techniques in combination with the fragrant botanical oils which will leave you rejuvenated, yet deeply relaxed.

Also includes *warm compress *moisturise

Rolling Sands Back Of Body Massage 60min R430 ONLY AVAILABLE IN WINTER
Rolling Sands Massage is a full body massage and a deeply relaxing, grounding experience. The ancient desert secrets of the rolling sands and the rhythmic touch of dancing, rolling arm and hand massage movements. The rolling sands massage is performed with your personal selected signature African fragrance mingled with traditional massage oils.

Also includes ·warm compress ·moisturise

African Cocoon Candle Back Of Body Massage 60min R480 ONLY AVAILABLE IN WINTER Experience the warm sensation of our fragrant massage candle. The natural oil blend will cocoon your body and leave it enriched and nourished. This therapeutic treatment will deeply relax your sole and senses. Also includes •warm compress •moisturise

African River Stone Back Of Body Massage 60min **R480** ONLY AVAILABLE IN WINTER This ancient body treatment uses the therapeutic heat from stones that is slowly released into the muscle for a deeply relaxing and distressing experience.

RELAXING BACK JOURNEY

Also includes •warm compress •moisturise

Back Cleanse 60min R430

After cleansing and a stimulating exfoliation, your back will be wrapped in a ultra-nourishing and hydrating botanical mask that improves lymphatic flow, removes toxins and will leave your skin feeling silky smooth. Also includes *steam *back, neck & shoulder massage *head & scalp massage *warm compress *moisturise

FEET JOURNEY

Calabash Foot & Leg Massage 30min R300

Calabash foot treatment will soothe and revitalise tired feet and legs. The invigorating treatment is enhanced by the rhythmic massage of sun-baked calabashes and the botanical oils will nurture dry and dehydrated feet and legs.

Phyto Heel Treatment with PEC 45-60min R380

Phyto Heel Exfoliation is a highly effective deep exfoliation that removes dead skin cell build-up. Glycolic acid and Pumpkin enzymes, which break down the protein bonds that hold dead skin cells together, for these to easily be buffed away. The rough skin will feel smooth and hydrated.





STRETCH MARK & SCAR REMOVAL

Stretch marks are harmless, but they may negatively affect your self-esteem.

Fortunately, there is a quick and safe cosmetic solution for stretch marks – MICRONEEDLING.

You can permanently reduce the appearance of stretch marks in just a couple of months.

The treated stretch marks won't resurface unless you experience the same conditions that resulted in your skin stretching in the first place. Those conditions include pregnancy, weight gain, and hormonal imbalances.

The Treatment

Steps: Preparation, Topical Anaesthetic, Serum, Needling, Post Treatment Mist

Duration: 30-75min

Recovery: 1-3 days

Best results: 4-12 treatments

Intervals: 6-8 weeks

Size	1st	2nd+
XS 2.5cmX2.5cm	R200	R180
S 5cmX5cm	R300	R270
M 10cmX10cm	R400	R360
L 15cmX15cm	R500	R450
XL 20cmX20cm	From R600	From R540





SLIMMING TREATMENTS

FIR SAUNA BLANKET

Burns up to 600 calories in 30min!

DID YOU KNOW? Approximately 50% of the energy generated by your own body is in the form of FIR rays. So FIR is completely safe.

Unlike Ultraviolet light, FIR rays do not cause sunburn or damage to your skin.

FIR energy can permeate deeply into the body. Its effects reach the skin, muscles, tendons, and ligaments. A FIR sauna blanket transforms from light energy to heat energy, thus warming your body from the inside out without warming the air around you.

During your 30min session, the controlled, timed heat promotes the elimination of fats, chemicals and toxins from the blood through sweating and through the liver, kidneys.

BENEFITS:

- -HELPS WITH WEIGHT LOSS
- -SPEEDS UP METABOLISM
- -REDUCE THE APPEARANCE OF CELLULITE
- -IMPROVES DETOXIFICATION
- -STRENGTHENS AND SUPPORTS IMMUNE SYSTEM
- -STRENGTHENS AND SUPPORTS CARDIOVASCULAR SYSTEM
- -IMPROVES BLOOD CIRCULATION
- -REDUCES INFLAMMATION
- -FASTER WOUND HEALING
- -AIDS WITH LOWERING BLOOD PRESSURE
- -EASES MUSCLE AND JOINT PAIN, ARTHRITIS PAIN, AND HEADACHES
- -IMPROVES QAULITY OF SLEEP
- -FIGHTS CHRONIC FATIGUE
- -IMPROVES YOUR MOOD
- -REDUCES STRESS LEVELS
- -PROMOTES RELAXATION
- -IMPROVES SKIN TONE

THERMOSCULPT WRAP

FIR Sauna Blanket Add-On: ThermoSculpt Wrap

ThermoSculpt is a fast acting fat burning formulation that will help to redefine your body.

Benefits:

Centimeter loss, Shape and contour, Decrease water retention, Increases detoxification, Firms and tones the skin, Breaks down cellulite, Improves blood circulation, Reduces inflammation





SLIMMING TREATMENTS

FIR SAUNA BLANKET

x1 30min Session	R190
x5 30min Sessions (Save 20%)	R760
x8 30min Sessions (Save 30%)	R1064
x10 30min Sessions (Save 40%)	R1140

THERMOSCULPT WRAP

Sauna Add-on ThermoSculpt Wrap - 1 area/1 pump	R50
Sauna Add-on ThermoSculpt Wrap - 2 areas/2 pumps	R60
Sauna Add-on ThermoSculpt Wrap - 3 areas/3 pumps	R70
Sauna Add-on ThermoSculpt Wrap - 4 areas/4 pumps	R80
Sauna Add-on ThermoSculpt Wrap - 5 areas/5 pumps	R90





SLIMMING TREATMENTS

LASER LIPO

Laser Lipo is a fat reduction treatment that achieves centimeter loss in resistant areas by filtering in a cold laser through 6 large paddles that is strapped around the body. Completely painless!

Laser Lipo shrinks fat cells using non-invasive laser pads placed directly on the skin creating tiny holes in the cells membrane which releases stored fatty acids into the lymphatic drainage system then released through urine, stool & sweat

Areas that can be treated:

Upper Arms

Lower Abdomen

Upper Abdomen

Love Handles

Inner Thighs

Outer Thighs

Front Thighs

Back Thighs

- SAFE procedure
- NO pain
- NO needles
- NO surgery
- NO medication
- NO downtime

MORE SESSIONS = BETTER RESULTS!

2-3 SESSIONS PER WEEK IS RECOMMENDED FOR OPTIMAL RESULTS.





SLIMMING TREATMENTS

6-PAD LASER LIPO

x1 60min session	R300
x5 60min sessions (Save 20%)	R1200
x8 60min sessions (Save 30%)	R1680
x10 60min sessions (Save 40%)	R1800
x1 45min session	R250
x5 45min sessions (Save 20%)	R1000
x8 45min sessions (Save 30%)	R1400
x10 45min sessions (Save 40%)	R1500
x1 30min session	R200
x5 30min sessions (Save 20%)	R800
x8 30min sessions (Save 30%)	R1120
x10 30min sessions (Save 40%)	R1200

MORE SESSIONS = BETTER RESULTS!

2-3 SESSIONS PER WEEK IS RECOMMENDED FOR OPTIMAL RESULTS.





SLIMMING TREATMENTS

ULTRASONIC CAVITATION

Reduces Fat & Cellulite | Firms & Tightens Skin | Body-Shaping | Anti-Ageing

Ultrasonic cavitation is a non-surgical body contouring treatment that uses radio frequency and low-frequency ultrasonic waves to reduce localized fat and cellulite. This procedure is a safer alternative to surgical options, like liposuction. It is important to note that the fat could return if you consume a high-calorie diet.

Benefits:

- Painless
- Fat reduction
- · Reduces the appearance of cellulite
- · Skin tightening and toning
- · Body shaping and contouring
- Non-invasive
- · No downtime
- · No recovery time
- · No side effects
- No scars
- No anesthesia

Ultrasonic cavitation works best on parts with localized fat and cellulite.

- stomach
- buttocks
- hips
- thighs
- upper arms
- flanks (love handles)

MORE SESSIONS = BETTER RESULTS!

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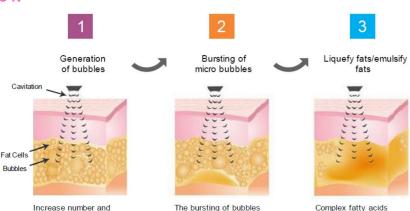


SLIMMING TREATMENTS

30K ULTRASONIC CAVITATION

How does it work?

This procedure involves applying pressure on fat cells through ultrasonic waves. These waves form bubbles around fat deposits under the skin. The pressure is high enough to make the fat cells burst and break down into a liquid form. The fat deposits are changed into glycerol and free fatty acids. Glycerol is then reused by the body while free fatty acids travel to the liver and are excreted as waste.



releases huge amount of energy, which breaks the

cell well of the fat cells

broken down to simpler

fatty acids

x1 60min Session	R450
x5 60min Sessions (Save 20%)	R1800
x8 60min Sessions (Save 30%)	R2520
x10 60min Sessions (Save 40%)	R3150
x1 45min Session	R400
x5 45min Sessions (Save 20%)	R1600
x8 45min Sessions (Save 30%)	R2240
x10 45min Sessions (Save 40%)	R2400
x1 30min Session	R350
x5 30min Sessions (Save 20%)	R1400
x8 30min Sessions (Save 30%)	R1960
x10 30min Sessions (Save 40%)	R2100

size of bubbles

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TERMS OF SERVICE

Please read these terms and conditions carefully before using our services. Your use of our services means that you agree to be bound by the terms. Do not book our services if you do not accept the terms.

Payment Policy

A 50% deposit is required to secure your booking.
Whatsapp us on 0748512274 for our banking details.
Kindly pay your deposit via EFT, at least 48 HOURS PRIOR to your booking.
Please remember to send your proof of payment via WhatsApp, E-mail or SMS.
In studio payments: CASH/EFT ONLY (NO card facility)

Cancellation Policy

Cancel or reschedule up to 12 HOURS IN ADVANCE!

Please note that once you have booked an appointment, it means that I have reserved time in my schedule EXCLUSIVELY FOR YOU.

Respecting one's time is common courtesy.

Running late? We're all busy, and sometimes meetings can run over, making you late for the next one. It happens. If you find yourself running behind, simply call or text to inform us.

A 50% service cancelation fee will be charged for all late cancellations.

Unwell Policy

If you feel unwell, please reschedule 6 hours in advance.

You may not enter Elle Esthetics if you have any symptoms of a cold, flu or contagious disease. Please stay at home and visit when you're in good health!

